**Wellness Committee Minutes**

**December 1, 2016**

**3:20pm – 4:00pm**

**Elementary Conference Room**

**Attendees**: Scott, Julie, Erin, Donna, Ty, Shelly, Caitlin & Megan

**Absent:** Kathy, Donna, Jason (bus route)

**Discuss Items Presently Happening:**

1. Cafeteria Update:
   1. Possible Changes with New President
2. Strength and Conditioning Class:
   1. This class is offered two periods, both co-ed
   2. Ty is looking to acquire a classroom set of pedometers to use in both his elementary and high school classes (possible competition with number of steps between classes, etc.)
      1. He asked Ryan Castle and Wilson doesn’t do this sort of thing
      2. Megan Maurer will ask Linda
      3. Emerson Grant?

**Items of Concern:**

1. Alcohol:
   1. Definitely an issue during football games/rain delays/half time

**Discussion of New Ideas:**

1. Mini Health Fair/Screening For Staff:
   * 1. Scrap this idea because it costs too much
2. Parent & Student Involvement:
   1. Erin is going to invite Kristi Voisard to our team!
3. Food Allergy Policy Update:
   1. Policy Sent home at beginning of each school year
   2. K-5 participating in peanut free program
   3. This program is adding one grade per year
   4. Students at elementary do a nice job respecting our food allergy policy (PAL)
   5. Peanut Free table at JH/HS in a couple of years
4. Elimination of Classroom Birthday Parties for 2016-2017 school year at Elementary
   1. Replace individual birthday treats with a “Monthly Birthday Party”
   2. Treats will be provided to all students who have birthdays during that month
   3. Scott will provide these treats
   4. Going very well!
5. Playground Updates
   1. Grass on Playground
      1. TruGreen sprayed for weeds & fertilized last fall
      2. Gavit Paving never got a chance to roll out grass last spring, so Kevin Geise is working on finding a new company to do this
   2. New Concrete this Fall!
      1. 16’ x 100’
      2. Cost around $3500
      3. This allows more room for students to play on a hard surface, especially in the winter time (when the concrete is cleared off)
   3. Paintings
      1. Emma Culp and her Art Club painted the following on the playground
         1. Hopscotch (x2 or x3)
         2. Four-Squares (x3 or x4)
         3. Redskin Head on the Basketball Court
         4. State of Ohio
      2. Looks great and students love it! Thanks, Emma!
   4. Possible Topsoil from Rapid Development
      1. If approved, we would like to add a couple inches of good topsoil to the playground to provide students with a softer grass area to play in
      2. This would require re-seeding of grass and purchase of hay
      3. Total cost of the project would approximately be $5000
   5. Current Health Challenges
      1. Winner gets a Walmart Gift Card
      2. Maybe the expectation to workout 30 minutes a day, every day is a little much
         1. Is this the expectation or is the staff confused?
6. Future Idea for Staff:
   1. Still holding out hope for to give Staff Members a Fitbits/Vivofits to use to become more healthy!
      1. Track steps & calories
      2. Possible group discount or Grant Opportunity?
   2. Summer Health Challenge
      1. We looked at fliers of Summer Health Challenges that Marion Local offers

Adjourn: 4:00 p.m.